

Pumpkin-Spiced Oatmeal

Inspired by “Oatmeal” on FoodNetwork.com’s *50 Canned Pumpkin Recipes*

Ingredients:

- 1 ½ cups milk
- 1 cup regular oats
- ½ cup pumpkin
- 2 tablespoons brown sugar
- Optional: 1 TB butter, ½ tsp cinnamon or pumpkin pie spice, salt

Method:

1. Combine milk, oats and pumpkin in saucepan and simmer until milk is absorbed.
2. Stir in brown sugar and optional ingredients.
3. Serve!

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