

# Rice:

## How to Cook in the Microwave

Inspired by realsimple.com

### Ingredients:

- 1 cup long-grain white rice
- 2 cups water
- ½ teaspoon salt

### Method:

1. In a microwave-safe baking dish or bowl, combine ingredients.
2. Microwave uncovered, on high (power level 10) until rice is tender and liquid absorbed, about 15 to 18 minutes.

# Rice:

## How to Cook in the Microwave

Inspired by realsimple.com

### Ingredients:

- 1 cup long-grain white rice
- 2 cups water
- ½ teaspoon salt

### Method:

1. In a microwave-safe baking dish or bowl, combine ingredients.
2. Microwave uncovered, on high (power level 10) until rice is tender and liquid absorbed, about 15 to 18 minutes.



Growing Connections to Fresh Food

