

hopelink

Most Needed Food Items

- Canned meals (chili, ravioli – pop top preferred)
- Canned meat (tuna, chicken, salmon)
- Dry beans
- Fruit (canned, fresh or dried)
- Grains (pasta, rice, quinoa, barley, etc)
- Nut butters (peanut butter, almond butter, etc)
- Hearty soup and stews (pop top preferred)
- Vegetables (corn, carrots, and peas preferred)
- Cereal and oatmeal
- Healthy pre-packaged snacks (not in bulk preferably)

Non-Food Items

- Baby items (size 3-6 diapers, wipes, formula)
- Hygiene Items (toothpaste/toothbrushes, shampoo/soap, deodorant, razors, combs, brushes)
- Paper items (toilet paper, paper towels, foil, zip-lock bags)
- Household and cleaning items (dish or dishwasher soap, household products, laundry soap)

Please note: Hopelink is unable to accept the donations of alcohol and medications (including vitamins).