

# Fall Fruit Crisp

Inspired by allrecipes.com

## Filling Ingredients:

- 4 large apples or pears; peeled, cored and sliced, about 7-8 cups
- 1 TB lemon juice
- 1 TB honey, maple syrup or sugar
- 2 TB flour or cornstarch

## Topping Ingredients:

- ½ cup butter, melted
- ¼ cup packed brown sugar
- ½ cup quick-cooking oats
- ½ cup all purpose flour
- 1-½ teaspoons ground cinnamon
- Pinch of salt

## Method:

1. Spread fruit in bottom of 8 or 9-inch microwave safe dish. Sprinkle with lemon juice, honey and flour. Toss lightly to coat.
2. In mixing bowl, combine butter, sugar, oats, flour, cinnamon and salt. Sprinkle over fruit.
3. Microwave on high for 10-12 minutes, until fruit can be pierced with knife. Serve immediately. Enjoy!

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Growing Connections to Fresh Food

