

English Muffin Pizza

Inspired by AllRecipes.com

For more recipes: www.hopelink.org/need-help/food/healthy-recipes

Ingredients:

- 4 English muffins (split), tortillas, or crusty bread
- 1/2 cup canned pizza or spaghetti sauce
- 1 cup shredded mozzarella or other cheese
- 1-2 cups fresh toppings, diced: mushrooms, onions, spinach, bell pepper, zucchini, etc.
- 1 cup other/cooked toppings: sautéed veggies (onions, mushrooms), cooked ground meat, olives, pepperoni, etc.

Method:

1. Preheat oven to 375 degrees F
2. Toast bread prior to topping as desired, 1-2 minutes. Place English muffins or bread slices open-side-up on a baking sheet.
3. Spoon and spread pizza sauce on each slice. Add toppings and cheese.
4. Bake for 10 minutes or until the cheese is melted and browned on the edges. Remove from oven carefully and enjoy!

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Growing Connections to Fresh Food

