

# hopelink **Connections**

The quarterly newsletter of Hopelink's services

JANUARY-MARCH 2019



**Do you need shelter? pg. 4**

"Don't be shy about asking for help. It doesn't mean you're weak, it only means you're wise."  
— Anonymous

## Featured Stories

**| Do you need shelter?**

pg. 4

**| Free tax help**

pg. 5

## In this issue

**| What is energy assistance?**

pg. 5

**| Financial Corner: Tax time is a great time to save**

pg. 6

# HOPELINK HELP AND PROGRAMS

## Where to Look for Help

**Hopelink is here to help you.** We have five centers where we offer emergency help and support to people who need it.

**Not sure where to call?** To find out more about Hopelink services, please call the center closest to where you live. All Hopelink centers are open Monday through Friday from 8:30 AM to 5:00 PM, except Sno-Valley, which is closed on Fridays.

### Our Centers

**Redmond**  
425-869-6000  
8990 154th Ave NE  
Redmond, WA 98052

**Bellevue**  
425-943-7555  
14812 Main Street  
Bellevue, WA 98007

**Kirkland/Northshore**  
425-889-7880  
11011 120th Ave NE  
Kirkland, WA 98033

**Shoreline**  
206-440-7300  
17837 Aurora Avenue North  
Shoreline, WA 98133

**Sno-Valley**  
425-333-4163  
31957 E Commercial Street  
Carnation, WA 98014

*See page 8 for bus route information to all centers.*

## Our Programs

### Food Program

#### Food Bank

Hopelink has food banks in Bellevue, Carnation, Kirkland, Kenmore, Redmond, and Shoreline to serve these cities and their surrounding communities. Registered clients may visit twice per month.

The food available includes fresh fruits and vegetables, with many different and unique offerings each week. Other core foods include soup, canned fruits and vegetables, pasta, peanut butter, rice, beans and tuna among many others.

In addition, paper products, soap, toothpaste, diapers, pet food and similar items are often available. On average, a family of four will be able to take home about \$200 worth of food from one food bank visit. Hopelink also has volunteers who are able to make home deliveries to individuals who are homebound.

**To qualify for a Hopelink food bank, you must reside in our service area and your gross monthly income must be equal to or less than 185 percent of the federal poverty level (\$3,746 monthly for a family of four; \$1,832 for an individual).**

**Call the Hopelink center nearest to where you live for more information or to make an appointment to register for the food bank.**

### Cooking Matters

**Free Cooking & Nutrition Classes for Low-Income Households at Hopelink.**

**Returning in 2019, the six-week set of classes will help you learn more about nourishing your body by preparing healthy, low-cost meals!**

- Free classes are taught by a volunteer chef and nutritionist
- Free nutrition book and recipes
- Free bag of groceries at the end of each class!

Each weekly class will last for two hours. When you sign up, please plan on attending all six class sessions.

**Check Hopelink.org for class schedules.**

### Housing Programs

#### Eviction Prevention

When a family is in danger of losing their home in a crisis, Hopelink offers a program that can help provide a portion of the funds needed to prevent eviction. Contact the closest Hopelink center to find out more about this service.

#### First Month's Rent

Hopelink may be able to help with part of the first month's rent if you are moving to a new rental. You must have a "move-in" agreement and be in north or east King County to qualify. **Contact the closest Hopelink center to find out more about this service.**

#### Emergency Family Shelter

If your family is homeless and does not have a place to live, you may be eligible for a Hopelink family shelter. Hopelink provides short-term housing and case management to assist your family in finding stable housing. **Please call 2-1-1 for more information.**

#### Transitional Housing

Hopelink offers transitional housing programs in Bellevue, Redmond, Bothell and Duvall. During their time in the program, families work with a case manager to set and achieve goals focused on self-sufficiency, such as:

<b>Employment</b>	<b>Legal Concerns</b>
<b>Parenting</b>	<b>Education</b>
<b>Improving Credit</b>	<b>Health</b>
<b>Money Management</b>	

**Please call 2-1-1 for more information.**

### Energy Assistance Programs

Hopelink administers two grants to help with your home heating costs, with each grant ranging from \$100-\$1,000 annually if you qualify. You don't need to be behind on your bill or have an urgent notice to get a grant; if you are low income, you are eligible to apply.

Payments can help pay for various heat sources, including gas, electricity, oil, wood or propane. Funding is currently plentiful and we encourage those living in the Hopelink service area to apply.

**Appointments can be made on our website at hopelink.org/energy, or by calling the appointment line at 425-658-2592.**

# HOPELINK HELP AND PROGRAMS

## Family Development Program

Hopelink provides a Family Development Program for families looking to move towards self-sufficiency. Families meet regularly with a Family Development Case Manager and set short and long-term goals related to:

<b>Financial Stability</b>	<b>Legal Concerns</b>
<b>Employment</b>	<b>Education</b>
<b>Housing Search Assistance</b>	<b>Health</b>
<b>Parenting</b>	<b>Life Skills</b>

**To learn more please call the Intake Screening Line 425-883-4755**

## Adult Education

### GED

**Earn your GED or high school diploma so you can get a better job, prepare for college, or fulfill your personal goals.**

Our GED and High School 21+ classes are held year-round. Students attend class twice a week in Redmond, Kirkland, or Bellevue. You may join any time, but first make an appointment to observe a class. We want to make sure our program is a good fit for you!

In Hopelink's GED and HS 21+ program, you will either prepare for the GED exam or you will complete courses currently missing from your high-school transcript. Either way, you will improve your reading, writing, math and computer skills.

**For more information contact Debbie Margolis at dmargolis@hopelink.org or 425-457-9685.**

### English for Work

**English for Work is an ESL program for immigrants and refugees with beginning to advanced level English skills.**

Classes help you to improve your English skills and prepare for employment in the United States.

You will learn to:

- Set goals for work and school
- Speak about your skills and experience
- Search for a job
- Write a resume and cover letter
- Interview for a job
- Work in a team
- Communicate with different people
- Use the computer

Classes are held every winter, spring, summer, and fall at various times and locations including Bellevue, Kirkland, Redmond, and Shoreline.

**To learn more, contact Marci Williams at marciw@hopelink.org or 425-250-3007.**

## Employment Services

**The Hopelink Employment Program helps people create short and long-term employment goals. We do this by meeting with participants on a weekly basis to:**

- Complete a career assessment
- Learn advanced job search strategies

- Prepare effective resumes & cover letters
- Apply for jobs
- Prepare for interviews
- Develop more skills to stay successful (post-hire)

**For more information contact hep@hopelink.org or 425-250-3030**

### Hopelink Employment Help Desk

Hopelink hosts drop-in Employment Help Desks at various locations. No appointment is necessary.

If you have any employment-related questions or would like a specialist to advise you on your resume, please stop by!

**Thursdays 10:00 AM – 12:00 PM at the Bothell Library (18215 98th Avenue NE Bothell, WA 98011) on the following dates:**

- |               |               |
|---------------|---------------|
| • January 10  | • February 28 |
| • January 24  | • March 14    |
| • February 14 | • March 28    |

**Wednesdays: 10:00 AM – 11:00 AM at the Shoreline Library (345 NE 175th, Shoreline, WA 98155) on the following dates:**

- |              |               |
|--------------|---------------|
| • January 2  | • February 20 |
| • January 16 | • March 6     |
| • February 6 | • March 20    |

## Financial Capabilities

**Hopelink's Financial Capabilities program provides tools and services to help you attain financial stability.**

#### Credit Builder Program

Learn how to build your credit through this free, year-long program offered to Hopelink clients.

#### Free Classes

Hopelink offers free financial education classes throughout the year on topics including credit, banking, debt management, budgeting, and money management.

#### Financial Coaching

Free and confidential 1:1 financial coaching services are offered at Hopelink centers and housing sites. Sessions will focus on your needs, and will provide the support, encouragement, accountability and resources needed to help you achieve your financial goals.

**Contact Hopelink's Financial Capabilities program at 425-250-3003 or financialed@hopelink.org.**

# HOPELINK WELCOMES EVERYONE

We respect and value cultural differences at all times. Recently, news stories about the future of those who have immigrated to our country have caused fear and worry for some of you who come to Hopelink for help. We want you to know that we work hard to be a safe haven for those who need help. All services are still available, and all Hopelink locations are safe and welcoming places to be.

**You will find a safe place at Hopelink.**

## Do you need shelter?

Finding affordable housing and accessing shelter in King County can be a challenge. If you or someone you know is looking for a place to live, read on to learn more about what may be available to you within the Hopelink service area.

For additional housing resources outside the Hopelink service area, call 2-1-1 or visit: [www.crisisconnections.org](http://www.crisisconnections.org)

Hopelink housing includes a total of 113 units in five locations, including emergency shelter, transitional housing and non-time limited housing. Families living in Hopelink housing work with case managers to identify their strengths, overcome obstacles, and set and meet goals designed to find and maintain permanent housing and make lasting change.

**All of Hopelink's housing units are filled through King County's Coordinated Entry for All** system (CEA) and local community partners. Those aged 17½ and older can call 2-1-1 or visit a drop-in site (listed below) for an assessment that will match you to the right level of services and housing resources.

CEA serves all people (single adults, young adults, couples, families and veterans) experiencing homelessness. Contact CEA if you are:

- Living and sleeping outside
- Sleeping in a place not meant for human habitation
- Staying in a shelter
- Fleeing/attempting to flee domestic violence
- Exiting an institution where you lived for up to 90 days and had been in a shelter or a place not meant for human habitation immediately prior to entering that institution

You may also drop in at a **Regional Access Point** (eastside and north Seattle sites are listed below) for an interview with a housing intake assessor, or call 2-1-1 to schedule an intake appointment.

**Catholic Community Services - Bellevue** (The office is in the First Congregational Church building on the second floor.) 11061 N.E. 2nd St. Bellevue, WA 98004. (206) 328-5900. M-F, 9 a.m. – 5 p.m. Serves all populations. Due to demand, it's possible that not all households seeking a walk-in evaluation will be able to be accommodated at the time of walk-in.

• **Solid Ground - North Seattle** (The office is located at the Opportunity Center at North Seattle Community College.) 9600 College Way N., Seattle, WA 98103. 206-753-4890. M-F, 9 a.m. – 5 p.m. Walk-in hours are Tuesdays from 9 -11 a.m.

**MOBILE DROP-IN SITES** (no need to call in advance, but assessments will be first-come, first served, with no guarantee of an appointment):

- **New Bethlehem Day Center – Kirkland (Salt House Church.)** 11920 NE 80th St., Kirkland, WA 98033. Tuesdays, 2 – 8 p.m. This site serves families with children under 18.
- **Redmond Resource Center at the Redmond Library,** 15990 NE 85th St., Redmond, WA 98052. Mondays, 1 – 3 p.m.
- **Friends of Youth** (ages 18 to 24). 16225 NE 87th Street, #1, Redmond, WA 98052. Mondays and Tuesdays, 9 a.m. – 3 p.m., Thursdays, 9 a.m. – 1 p.m., Saturdays and Sundays, 11 a.m. – 5 p.m.

### SAFE PARKING PROGRAMS

- **Lake Washington United Methodist Church** Offers nightly safe parking in church parking lot for single women and families with a minor child. No trailers, campers, or RVs. 7525 132nd Ave NE, Kirkland, WA 98033.



425-739-7332.

- **Overlake Christian Church** 15 spaces available for adult men and couples without children. Call to complete an application; maintains a waitlist. 9900 Willows Rd NE, Redmond, WA 98052. 425-702-0303.
- **St. Jude Catholic Church** 15 spaces for adult men, women and couples. Those needing to park must call and then come in during the day for an intake interview and to get checked in, Monday-Thursday. No campers, tents, 5th wheels, trailers. Daily, 6 p.m. – 8 a.m. Call anytime; leave voicemail. 425-658-4982
- **Our Savior Lutheran Church** for eastside families and single women. Current driver's license, proof of vehicle registration and insurance required. 745 Front Street South, Issaquah, WA 98027. Call 425-200-0669 for availability.

### SHELTERS

- **The Landing Shelter operated by Friends of Youth** for people 18 to 24 years of age. 16225 NE 87th Street, Suite A-1, Redmond, WA 98052. Serves dinner and breakfast, showers available. 8:30 p.m. – 8:15 a.m., seven days a week. 425-449-3868.
- **Eastside Shelter for Families** Welcomes families with minor children, including families with male heads of household or other guardians. Call 206-437-7448 for screening and more information.
- **The Sophia Way Women's Shelter** 6:45 p.m. – 7:30 a.m., seven days a week. Check website for openings. [www.sophiaway.org](http://www.sophiaway.org)
- **Mary's Place** (various locations) Serves women or men with children who are looking for shelter. Call 206-245-1026.
- **Congregations for the Homeless Shelter** Serves men aged 18 and over. 7:30 p.m. – 8 a.m. 555 116th Ave NE, Bellevue, WA 98004. 425-999-3381.

### VETERANS

- **King County Veterans Program.** 1-877-904-VETS(8387)

### DOMESTIC VIOLENCE SHELTER:

- **Lifewire:** Provides emergency shelter for survivors of domestic violence, with or without children, at a confidential location; survivors may be of ANY GENDER; serves survivors of abuse within the home even if not from an intimate partner. 425-746-1940. Contact hours: 24 hours daily. [www.lifewire.org](http://www.lifewire.org).

### DAY CENTERS

- **The Sophia Way Day Center** Serves single women. 8 a.m. – 3 p.m., 3032 NE Bellevue Way, Bellevue, 98004. Showers, laundry and other supportive services. 425-896-7385.
- **Congregations for the Homeless Day Center** Sunday – Thursday, 8 a.m. – 3 p.m. 515B-116th Ave NE, Suite 174, Bellevue. 206-999-3381.

- **New Bethlehem Day Center** Serves homeless families. Showers, laundry, computers, social services, snack and dinner. Sunday -Thursday, 2 – 8 p.m. 11920 NE 80th St., Suite 100, Kirkland, WA 98033. 425-679-0350.
- **Ballard Urban Rest Stop** Serves individuals and families. Provides restrooms, laundry facilities and showers. M-F, 6:30 – 2:30 a.m., with daily closure from 10:30 – 11:30 a.m. 2014-B NW 57th St., Seattle, WA 98107. 206-258-3626.

### INDEPENDENT HOMELESS HOUSING RESOURCES

- **Acres of Diamonds** Provides Christian-based transitional housing for up to 12 women with up to four children aged 12 and younger. Serves women transitioning away from addiction, domestic violence and other circumstances. Allows pets. Apply online at [www.acresofdiamonds.org](http://www.acresofdiamonds.org) and watch for a response via email. 425-788-9999.
- **Compassion House** A transitional housing program for homeless women and women at risk of homelessness who are experiencing domestic violence and their children. Check website for openings. [www.compassion-house.org](http://www.compassion-house.org)
- **Special Delivery** A housing program for pregnant or parenting women aged 18-24 with one young child to help transition out of homelessness. Location not confidential, but can serve domestic violence survivors not being actively pursued. Clients stay 12-18 months. Call 425-485-3582 for more information (M-F, 9 a.m. – 4 p.m.) but must apply online at [www.specialdelivery.org](http://www.specialdelivery.org)

### LOW INCOME/SUBSIDIZED HOUSING

- **King County Housing Authority** Provides rental housing and rental assistance programs in 34 cities including east King County. Apply online at [www.kcha.org](http://www.kcha.org) or print an application from the website.
- **A Regional Coalition for Housing (ARCH)** A partnership of the county and east King County cities to assist with preserving and increasing the supply of housing for low- and moderate-income households. More information can be found at [www.archhousing.org](http://www.archhousing.org)
- **Imagine Housing** Provides family focused permanent housing in east King County for people at or below 60 percent of the area's median income. Operates 14 properties in Bellevue, Issaquah, Kirkland, Mercer Island, Redmond and Sammamish. [imaginehousing.org](http://imaginehousing.org)
- **Senior Housing Assistance Group (SHAG)** Manages 29 affordable one- and two-bedroom apartment buildings throughout King County and Western Washington for age- and income-qualified senior residents. [www.housing4seniors.com](http://www.housing4seniors.com) or call 1-844-592-SHAG(7424).
- **Low Income Housing Institute (LIHI)** Permanent housing for low-income individuals, couples and families; locations throughout the Puget Sound area. Vacancies are posted on website as they occur. [vlihi.org](http://vlihi.org)
- **Ronald Commons, Shoreline** For housing availability at Ronald Commons, contact them at [housing@compasshousingalliance.org](mailto:housing@compasshousingalliance.org) or (206) 474-1450 (voicemail).
- **HousingSearchNW** A free searchable database for those looking for affordable housing in their community. To access, visit [www.HousingSearchNW.org](http://www.HousingSearchNW.org).
- **Aptfinder.org** A nonprofit website that connects low-income households with affordable apartment communities throughout Washington state. [aptfinder.org/](http://www.aptfinder.org/)

For additional housing resources outside the Hopelink service area, call 2-1-1 or visit: [crisisconnections.org](http://crisisconnections.org)



## What is energy assistance?

Hopelink's Energy Program can help pay up to \$1,000 of your home heating and energy costs. Grants can help pay for heat sources including gas, electricity, oil, wood or propane. Anyone who meets the income requirements is eligible to apply. To see the current income guidelines and for more information, visit [Hopelink.org/Energy](http://Hopelink.org/Energy).

### SCHEDULE APPOINTMENTS ONLINE

Scheduling online at [www.Hopelink.org/energy](http://www.Hopelink.org/energy) is the fastest and easiest way to get an appointment. Appointments are released each week on Mondays at 9:00 AM, so this is the best time to try to schedule. If the appointments are filled, try again the following Monday. Please keep in mind that we serve many households each year, all trying to receive help, so it may take several attempts before you can schedule an appointment. If you do not have online access, you can call the appointment line at 425-658-2592. The phone system will offer you only the next available appointment option.

### BRING ALL REQUIRED DOCUMENTS

Our goal is to get grants to you as quickly as possible. To do this, all necessary documentation is needed to begin the application process. Please know that without all of the required documents, your application will be delayed. Visit our website for the required document checklist.

Questions? To learn more about Hopelink's energy program and for eligibility requirements, please visit the Hopelink website or call your local center.

## Get FREE professional help with your taxes!

The United Way Free Tax Preparation Program can help you keep more of what you earn.

Meet with one of the many tax professionals from the United Way tax clinics being hosted at two Hopelink sites beginning January 2019. Any household making less than \$66,000 annually is eligible for this free service from IRS-certified volunteers!

### Hopelink Bellevue

- Thursdays 5:00 - 9:00 PM
- Fridays 12:00 - 4:00 PM
- Saturdays 9:00 AM - 4:00 PM
- Sundays 10:00 AM - 4:00 PM

### Hopelink Shoreline

- Mondays 5:00 - 9:00 PM
- Fridays 12:00 - 4:00 PM
- Saturdays 9:00 AM - 4:00 PM

**Fast.** All returns are filed electronically, so you will get your refund quickly.

**Multilingual.** Services are available in 50 languages with help from volunteer interpreters.

**Easy to access.** No appointment necessary.

For a complete list of locations, hours, and what documents to bring, visit the United Way of King County at [www.uwkc.org](http://www.uwkc.org).

Volunteers are also on-site to help people connect to public benefits, financial counseling and other services.

## Tax time savings

A tax refund can often be the biggest single payment you will receive all year, and it is a great way to start a savings habit to help prepare for financial shocks and reduce household stress. Having just a small amount of savings can make a big difference.

So before you spend your refund, here are some suggestions to help you get ahead:

- **Start an emergency savings account**

- » Be ready for the unexpected. Ask your tax preparer about directly depositing some or all of your refund into a savings account. Don't have a bank? Check out BankOn Seattle-King County for free and low-cost accounts. [www.everyoneiswelcome.org/bank-on](http://www.everyoneiswelcome.org/bank-on)

- **Pay down high interest debt**

- » Debt can be expensive and stressful. Paying down debt may not feel like saving, but the more debt and interest payments you can eliminate, the more money you will have to meet your day-to-day expenses and add to savings.

- **Save for retirement or long-term goals**

- » Having some money set aside for retirement can boost confidence and start a long-term savings habit.

Ask the tax professional at a free clinic about ways to automatically save all or part of your refund.

## Avoid tax fraud - the IRS will NEVER:

- Call to demand immediate payment using a specific payment method such as a prepaid debit card, gift card or wire transfer. Generally, the IRS will first mail you a bill if you owe any taxes.
  - Threaten to immediately bring in local police or other law-enforcement groups to have you arrested for not paying.
  - Demand that you pay taxes without giving you the opportunity to question or appeal the amount they say you owe.
  - Ask for credit or debit card numbers over the phone.
- Visit [www.irs.gov](http://www.irs.gov) to learn more about tax fraud protection.

Free tax help available at two Hopelink centers, other sites in King County: see page 5.

## Legal Help

The Eastside Legal Assistance Program (ELAP) is a non-profit legal aid organization that helps people in north and east King County with family law, immigration issues, bankruptcy and general law, as well as legal help for domestic violence throughout King County. Volunteer attorneys conduct 24 legal clinics every month in Bellevue, Redmond, Kirkland and Issaquah, including an Immigration Legal Clinic at Hopelink's Bellevue center twice a month, and a family and general law clinic at the Kirkland center twice a month. Additional clinics meet at other eastside locations. ELAP also holds free public lectures on various legal issues in public libraries, community centers and schools.

**To make an appointment for a free 30-minute consultation with an attorney, call 425-747-7274 Monday-Friday from 10:00 AM to 1:00 PM. This line is available in both English and Spanish, and through the use of telephonic interpreter services, ELAP is able to accommodate most other languages as well.**

## RotaCare Free Health Clinic

RotaCare Free Health Clinic offers free basic medical care and medicines to men, women and children. (RotaCare does not offer services for chronic care or long term illnesses, school immunizations or physicals of any kind.) You may come to the clinic if you do not have medical insurance and do not have the money to pay the full cost of a regular doctor's visit. You do not need an appointment for RotaCare Clinic.

**The clinic is held at the Hopelink center in Bellevue on Saturdays from 9:30 AM to 11:30 AM. Please arrive early.**

## Express Credit Union at Hopelink's Bellevue Center

Express Credit Union (ECU) has partnered with Hopelink to help you access the tools you need to make informed decisions and achieve your financial goals. ECU is a safe and affordable way to open a bank account with an insured financial institution that offers banking options geared toward the needs of low- and moderate-income families. Accounts may be opened with a social security number or ITIN.

**ECU Community Teller is at Hopelink's Bellevue center on Thursdays from 9:00 AM - 5:00 PM.**

Learn more about Express Credit Union at [www.expresscu.org](http://www.expresscu.org), or call 206-622-1850 to make an appointment to open an account or apply for membership and/or loans.

Express Credit Union is federally insured by NCUA for deposits up to \$250,000.

## Bridge to Basics Free Help

WithinReach can help you connect to other services in addition to those provided by Hopelink, including food stamps and food resources, ORCA LIFT reduced fare bus passes, child development resources and free or low cost health insurance. WithinReach can help you find resources and also can help you apply for services.

**WithinReach staff are available by phone on the Family Health Hotline: 1-800-322-2588.** Staff have access to interpreter services for in-person and over the phone help.

# HOPELINK TRANSPORTATION

## SR-99

On January 11, 2019, Highway SR 99 in Seattle will close for three weeks to build eight ramps connecting drivers with a new tunnel. During this time, traffic is expected to drastically worsen. Visit [99tunnel.com](http://99tunnel.com) to find one-pagers in four different languages (Spanish, Chinese, Vietnamese, and Somali) with recommendations on how to avoid very heavy traffic. To learn more, email the Washington Department of Transportation at [viaduct@wsdot.wa.gov](mailto:viaduct@wsdot.wa.gov), or call **1-888-AWV-LINE (298-5463)**.

## Shoreline Community Van

Shoreline/Lake Forest Park will soon have the fifth Community Van program in King County; a unique option that enables King County residents to travel together to food banks, festivals and everything in between to help people forge new community connections – even across cities and neighborhoods. To learn more about the Shoreline/Lake Forest Park or Duvall Community Vans, email [communityvan@hopelink.org](mailto:communityvan@hopelink.org), or call **425-943-6721**. For more information about Community Vans in Kirkland/Kenmore, Woodinville/Bothell, and Vashon Island, email [communityvan@kingcounty.gov](mailto:communityvan@kingcounty.gov), or call **206-625-4500**.

## Youth ORCA Cards

Hopelink is working with King County Metro to distribute 9,000 ORCA Youth Cards to high school-aged teens at no cost. There's already \$10 on the card—worth about six bus trips. Enrollment is open until June 2019. Speak with your Hopelink Case Manager, call your local center's front desk, or contact AJ Gabriel at [ORCAYouth@hopelink.org](mailto:ORCAYouth@hopelink.org) for more information!

## Medicaid Transportation

Do you receive Medicaid assistance? Do you have an Apple Health card and Provider One number? If so, Hopelink may be able to help you get rides to and from your medical appointments.

**To schedule an appointment, please call:  
 In King County: 1-800-923-7433  
 In Snohomish County: 1-855-766-7433**

## DART (Demand Area Response Transit)

King County Metro has hired Hopelink to operate DART (Demand Area Response Transit). DART buses have a set schedule like regular Metro Transit buses. In some areas of King County, the routes are flexible. This means they can pick up people who might not live near a regular Metro stop.

**To make an appointment for a Metro DART ride, please call 1-866-261-3278.**

For more information on Hopelink's transportation services, please call **425-943-6789**. TDD/TTY line: **1-800-246-1646** or go to [hopelink.org/need-help/transportation/dart-ride-request](http://hopelink.org/need-help/transportation/dart-ride-request) to book a DART reservation online.

## Mobility Help

Do you need help navigating our complex public transportation system? Want to learn more about the ORCA card and riding the bus? Discover solutions that fit your needs. Contact Hopelink Mobility Help to learn about your transportation options, including taxis, volunteer driver programs, ride sharing, and community transportation.

**This is a free service.**

**Contact Hopelink Mobility at 425-943-6760 ext. 2 or 3 or [mobility@hopelink.org](mailto:mobility@hopelink.org).**

## Find A Ride

Every trip is important, from a doctor's appointment to a ride to the grocery store. But, the perfect service can be difficult to find. Find A Ride is an online resource that will help you search and discover transportation options in King, Pierce and Snohomish Counties.

The Find A Ride network helps you learn about trip planning technology, locate different types of transportation and choose the best option for you. Create your best trip today at [findaride.org](http://findaride.org). For more information, contact Hopelink Mobility at **425-943-6760 ext. 2** or [mobility@hopelink.org](mailto:mobility@hopelink.org).

## Community Transportation Options

Contact the following providers for more information about their services.

**Sound Generations Hyde Shuttle:**  
 206-727-6262 or 1-877-415-3632 (toll-free)

**Northshore Senior Center Transportation:**  
 425-286-1026

**Sound Generations Volunteer Transportation:**  
 206-448-5740 or 800-282-5815 (toll-free)

**Snoqualmie Valley Transportation**  
 425-888-7001  
[svtbus.org](http://svtbus.org)

**Sound Transit:**  
 Call 888-889-6368 / TTY 711  
[soundtransit.org](http://soundtransit.org)

**Catholic Community Services of Western Washington**  
 Volunteer Chore Services: 206-328-5787  
 or 1-888-649-6850 (toll-free)

**Metro Transit**  
[metro.kingcounty.gov](http://metro.kingcounty.gov)

**Access Transportation:** 206-263-3113 / TTY 711  
[accessibleservices@kingcounty.gov](mailto:accessibleservices@kingcounty.gov)

**Rideshare Operations:** 888-814-1300 / TTY 800-833-6388  
[rideshare@rideshareonline.com](mailto:rideshare@rideshareonline.com)

**Half Price Taxi Fare Program (Taxi Scrip):** 206-553-3000 / TTY 206-684-2029

**Regional Reduced Fare Permit** for seniors and people with disabilities: 206-553-3000 [customer.comments@kingcounty.gov](mailto:customer.comments@kingcounty.gov)

## Hopelink Medicaid Transportation offers MyRideOnline.

Looking for another way to check on a Medicaid trip? Hopelink Medicaid transportation service also offers MyRideOnline. The web service lets you cancel a trip, check on the status of a trip, and offer feedback about a past trip - all without waiting on the phone.

To reach MyRideOnline, visit: [myrideonline.org](http://myrideonline.org).

You can continue to book trips on the phone by calling 800-923-7433.

# HOPELINK FOOD BANKS

## FOOD BANK DIRECTORY

**Bellevue Center**  
425-943-7555  
14812 Main Street  
Bellevue, WA 98007  
*Metro Route 245*

**Kirkland/Northshore Center**  
425-889-7880  
11011 120th Ave NE  
Kirkland, WA 98033  
*Metro Route 236*

**Redmond Center**  
425-869-6000  
8990 154th Ave NE  
Redmond, WA 98052  
*Metro Routes 930, 243, B-Line*  
*5-min walk: Metro: 232*  
*Sound Transit: 542, 545*

**Shoreline Center**  
206-440-7300  
17837 Aurora Avenue N  
Shoreline, WA 98133  
*Metro Routes 358, 330 and E-Line*

**Sno-Valley Center**  
425-333-4163  
31957 E Commercial Street  
Carnation, WA 98014  
*Use Snoqualmie Valley Shuttle*  
*or request a ride: [www.svtbus.org](http://www.svtbus.org)*  
*425-888-7001*

## FOOD BANK HOURS

*Call your local center to register*

■ <b>Bellevue Center</b>	Mondays	9:30 AM–3:00 PM
	Tuesdays	2:00 PM–7:00 PM
	Wednesdays	9:30 AM–3:00 PM
	Thursdays	9:30 AM–3:00 PM
■ <b>Kirkland/Northshore Center</b>	Mondays and Wednesdays	10:00 AM–4:00 PM
	Tuesdays and Thursdays	Noon–6:30 PM
■ <b>Redmond Center</b>	Mondays and Tuesdays	12:30 PM–4:30 PM
	Wednesdays	3:30 PM–7:30 PM
	Thursdays	10:30 AM–2:30 PM
■ <b>Shoreline Center</b>	Mondays	1:00 PM – 4:00 PM
	Tuesdays	10:00 AM–2:00 PM
	Wednesdays	1:00 PM–7:30 PM
	Thursdays	10:00 AM–2:00 PM
■ <b>Sno-Valley Center</b>	2nd and 4th Wednesdays	3:00 PM–7:00 PM
	Thursdays	10:00 AM–2:00 PM

**Note:** The above schedules are based on the center's usual business days. If a holiday falls during the week, it may affect the food bank schedule. Please check [hopelink.org](http://hopelink.org) for the most up-to-date hours.

## NEED HELP?



### Food Assistance

Contact your nearest center



### Housing

Call 2-1-1



### Energy Assistance

[hopelink.org/energy](http://hopelink.org/energy)  
425.658.2592



### Financial Assistance

Contact your nearest center



### Transportation

Metro DART: 866.261.3278  
Medicaid: 800.923.7433  
Mobility Line: 425.943.6760



### Employment Services

425.250.3030



### Adult Education

English for Work: 425.250.3007  
GED Classes: 425.457.9685



### Financial Capabilities

Financial Coaching & Classes:  
425.250.3003



### Family Development

425.883.4755

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hopelink.org