



Hopelink is making it even easier to get food page 5

"Spring will come and so will happiness. Hold on. Life will get warmer." – Anita Krizzan

Featured Story

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Hopelink Help and Programs

Where to Look for Help

Hopelink is here to help you. We have five centers where we offer emergency help and support to people who need it.

Not sure where to call? To find out more about Hopelink services, please call the center closest to where you live. All Hopelink centers are open Monday through Friday from **9 a.m. to 5 p.m.**, except Sno-Valley, which is closed on Fridays.

Our Centers

Redmond

425.869.6000
8990 154th Ave. NE
Redmond, WA 98052

Bellevue

425.943.7555
14812 Main St.
Bellevue, WA 98007

Kirkland/Northshore

425.889.7880
11011 120th Ave. NE
Kirkland, WA 98033

Shoreline

206.440.7300
17837 Aurora Ave. N
Shoreline, WA 98133

Sno-Valley

425.333.4163
31957 E Commercial St.
Carnation, WA 98014

See page 8 for bus route information to all centers.

Our Programs

Food Program

Food Bank

Hopelink has food banks in Bellevue, Carnation, Kirkland, Redmond and Shoreline that serve these cities and their surrounding communities. Registered clients may visit twice per month.

The food available always includes fresh fruits and vegetables, with many different offerings each week. Other core foods include soup, canned fruits and vegetables, pasta, peanut butter, rice, beans and tuna, among many other foods.

In addition, paper products, soap, toothpaste, diapers, pet food and similar items are often available. On average, a family of four will be able to take home about \$200 worth of food from one food bank visit. Hopelink also has volunteers who are able to make home deliveries to individuals who are homebound.

To qualify for a Hopelink food bank, you must live in our service area and your gross monthly income must be at or below the following:

Household Size	Monthly Gross Income
1	Less than \$3,190
2	Less than \$4,310
3	Less than \$5,430
4	Less than \$6,550
5	Less than \$7,670
6	Less than \$8,790
7	Less than \$9,910
8	Less than \$10,030

Call the Hopelink center nearest to where you live for more information or to make an appointment to register for the food bank.

Mobile Market

Hopelink's Mobile Market provides a full menu of food at community sites across north and east King County. Enroll online, or visit a Mobile Market event when it is nearby, complete an intake form and get food on the same day! Once enrolled, you are welcome to visit the Mobile Market or a Hopelink food bank for a total of two visits per month.

For event schedule and more information, go to:

hopelink.org/mobile-market

facebook.com/hopelinkmobilemarket

Housing Programs

Emergency Family Shelter

If your family is homeless and does not have a place to live, you may be eligible for a Hopelink family shelter. Hopelink provides short-term housing and case management to assist your family in finding stable housing. **Please call 206.328.5900 (Eastside) or 206.934.6160 (North King County) for more information.**

Transitional Housing

Hopelink offers transitional housing programs in Bellevue, Redmond, Bothell and Duvall. During their time in the program, families work with a case manager to set and achieve goals focused on self-sufficiency, such as:

Employment

Parenting

Improving Credit

Money Management

Legal Concerns

Education

Health

Please call 206.328.5900 (Eastside) or 206.934.6160 (North King County) for more information.

Energy Assistance Programs

Hopelink administers two grants to help with your home heating costs, with each grant ranging from \$100-\$1,000 annually if you qualify. You do not need to be behind on your bill payments or have a disconnect notice to get a grant. Eligibility is based on recent average income.

Payments can help pay for various heat sources, including gas, electricity, oil, wood or propane. Funding is currently plentiful and we encourage those living in the Hopelink service area to apply.

To book an appointment and/or get more information about eligibility, go online to hopelink.org/energy or call 425.658.2592.

Financial Capabilities

Hopelink's Financial Capabilities program provides tools and services to help you attain financial stability.

Free Classes

Hopelink offers free financial education classes throughout the year on topics including credit, banking, debt management, budgeting and money management.

Financial Coaching

Free and confidential 1:1 financial coaching services are offered

Hopelink Help and Programs

at Hopelink centers and housing sites. Sessions will focus on your needs, and will provide the support, encouragement, accountability and resources needed to help you achieve your financial goals.

Contact Hopelink's Financial Capabilities program at 425.250.3003 or financialed@hopelink.org.

Family Development Program

Family Development is a program designed to help families achieve greater stability and self-sufficiency. Families work with a case manager to create a personalized goal plan, focusing on the strengths and potential of your family. Goals can center around increasing income, education, legal issues, health resources, parenting and more. This may look different for each family. While FDP is not a housing or financial assistance program, your case manager can help you navigate the housing system and connect you to resources. FDP cannot guarantee housing.

To complete a phone screen please call the intake line at 425-883-4755.

Adult Education

GED

Earn your GED or high school diploma so you can get a better job, prepare for college or fulfill your personal goals.

Our GED and High School 21+ classes are held year-round. Students attend class twice a week in Redmond, Kirkland or Bellevue. You may join any time, but first make an appointment to observe a class. We want to make sure our program is a good fit for you!

In Hopelink's GED and HS 21+ program, you will either prepare for the GED exam or you will complete courses currently missing from your high school transcript. Either way, you will improve your reading, writing, math and computer skills.

For more information contact Debbie Margolis at dmargolis@hopelink.org or 425.457.9685.

English for Work

English for Work is an ESL program for immigrants and refugees with intermediate-to-advanced level English skills. Classes for beginning level students are offered periodically.

Classes help you to improve your English skills and prepare for employment in the United States.

You will learn to:

- Set goals for work and school
- Speak about your skills and experience
- Search for a job
- Write a resume and cover letter
- Interview for a job
- Work in a team
- Communicate with different people
- Study on the computer

Classes are held every winter, spring, summer and fall at various times and locations including Bellevue, Kirkland, Redmond and Shoreline.

To learn more, contact Marci Williams at englishforwork@hopelink.org or 425.250.3007.

Employment Services

The Hopelink Employment Program helps people create short and long-term employment goals. We do this by meeting with participants on a weekly basis to:

- Complete a career assessment
- Learn advanced job search strategies
- Prepare effective resumes & cover letters
- Apply for jobs and prepare for interviews
- Develop more skills to stay successful (post-hire)

For more information: hep@hopelink.org or 425.250.3030

Hopelink Employment Help Desk

Hopelink hosts drop-in Employment Help Desks at various locations. No appointment is necessary.

If you have any employment-related questions or would like a specialist to advise you on your resume, please stop by!

Wednesdays, 10 – 11 a.m. at the Shoreline Library (345 NE 175th, Shoreline, WA 98155) on the following dates:

- April 15
- April 29
- May 13
- May 27
- June 10
- June 24

Thursdays, 10 a.m. – 12 p.m. at the Bothell Library (18215 98th Avenue NE Bothell, WA 98011) on the following dates:

- April 9
- April 23
- May 14
- May 28
- June 11
- June 25

Thursdays, 10 a.m. – 12 p.m. at the Kirkland Library (308 Kirkland Avenue Kirkland, WA 98033) on the following dates:

- April 2
- April 16
- May 7
- May 21
- June 4
- June 18

Financial Assistance

Hopelink can help during a time of financial need. If you are experiencing a short-term financial crisis due to unexpected expenses, or if you need support to avoid eviction or pay the first month's rent, Hopelink's Financial Assistance Program may be able to help you. In order to qualify for this program, you must reside in the Hopelink service area and meet income eligibility requirements.

Eviction Prevention

When a family is in danger of losing their home in a crisis, Hopelink offers a program that can help provide a portion of the funds needed to prevent eviction.

First Month's Rent

Hopelink offers a program that can help to pay a portion of the high costs of settling into a new residence. You must have a "move-in" agreement and be in north or east King County to qualify.

Financial Resiliency

Hopelink's Financial Resiliency Program provides households with flexible financial assistance coupled with short-term case management. By providing financial support to help you pay for an unexpected expense, this program is designed to help you attain or maintain housing stability and can help you create short-term goals and a step-by-step action plan. This program can help you:

- Connect with Hopelink services
- Receive community referrals
- Apply for public benefits
- Create a step-by-step action plan to achieve short-term goals

Contact your nearest Hopelink center to learn more.

Hopelink Welcomes Everyone

We respect and value cultural differences at all times. Recently, news stories about the future of those who have immigrated to our country have caused fear and worry for some of you who come to Hopelink for help. We want you to know that we work hard to be a safe haven for those who need help. All services are still available, and all Hopelink locations are safe and welcoming places to be.

You will find a safe place at Hopelink.



Looking for work? Hopelink can help!

Are you having trouble finding or keeping a job? Hopelink Employment Specialists provide one-on-one job coaching sessions at all Hopelink centers – as well as at other locations if needed. Specialists help job seekers with resumes, cover letters, career assessments and much more, and all services are customized to meet specific needs. Job seekers always get to set their own goals, and Employment Specialists can help you determine how and when you will achieve them!

“My Employment Specialist was really good at teaching me how to write a cover letter that showed my previous experience in new ways. That helped (me) overcome being a temporary employee so many times in the past. I want permanent work and did not understand how I could overcome that barrier, so I feel better equipped to locate a job I want and present my skills much more effectively in my cover letters now.”

Juanita came to Hopelink for assistance with her job search. In the process of enrolling in the Employment Program, Juanita learned about other Hopelink services. She signed up for the Hopelink food bank and also began to work with a financial coach. This combination of services supported Juanita’s financial stability and career aspirations.

While Juanita had a solid work history outside the United States, language and cultural differences presented a challenge in acclimating to the U.S. work culture. She was able to use job coaching sessions to better understand these differences with respect to writing resumes, cover letters, interviewing and looking for employment.

“My Employment Specialist really helped me. My resume was totally different; I learned that the process of applying for jobs—including attending job fairs and other things – was different here.”

Inspired by her one-on-one financial training, Juanita eventually became a financial coach herself! She recently was hired as a full-time financial coach at a local nonprofit.

In doing so, she is now leveraging her work experience, education and financial skills to inspire and change the lives of others. Juanita recruits and keeps new clients by using a personal approach similar to what she experienced as a Hopelink client. Juanita emphasizes customer service, trust and guidance for each client.

See page 3 to learn how to contact the Hopelink Employment Program and learn how you can benefit from Hopelink services.

Get help with your energy bill

Hopelink may be able to provide up to \$1,000 of your home heating costs each year. If you qualify for the program, you can receive assistance even if you are not behind on your bill and have not received a shut-off notice.

How to apply

Schedule an appointment by visiting the energy page on the Hopelink website, or by calling **425.658.2592**. Scheduling online is the fastest and easiest way to get an appointment. If all appointments are filled, try again the following Monday. The beginning of the season is always the busiest and it might be difficult to schedule an appointment, but don’t stop trying.

Drop-off application

Another way to apply for energy assistance is to complete a printed application and drop it off – along with copies of the required documentation – at your local Hopelink center. If you would like to complete an application packet on your own, you can go to any center and ask for a packet, or download the application on our website. We recommend this method for those who have received energy assistance from Hopelink in the past. Visit **www.hopelink.org/energy** for the drop-off application.

Eligibility

In order to receive energy assistance, you must live in the Hopelink service area and meet income eligibility guidelines. Visit **www.hopelink.org/energy** to determine whether you are eligible.

To qualify for Hopelink’s Energy Assistance Program, you must live in one of our service areas, and your income (average monthly income after federal taxes if applicable), must be at or below the following for your household size:

Household Size	LIHEAP Grant	PSE HELP Grant (For PSE Customers Only)
1	≤ \$1,301	≤ \$1,561
2	≤ \$1,762	≤ \$2,114
3	≤ \$2,222	≤ \$2,666
4	≤ \$2,682	≤ \$3,219
5	≤ \$3,143	≤ \$3,771
6	≤ \$3,603	≤ \$4,324
7	≤ \$4,064	≤ \$4,876
8	≤ \$4,524	≤ \$5,429

Please check our website for more information and details on how to apply.

Hopelink is making it even easier to get food

More people are now eligible to shop at a Hopelink food bank

Changes to the Hopelink food program are making it possible for more people in our community to have regular access to fresh, healthy food.

- We no longer require ID for adults or children when enrolling
- We have increased the maximum income that qualifies you to shop at a Hopelink food bank

In the first three months after the new income levels took effect, the new income guidelines enabled us to enroll another 174 people who hadn't previously qualified.

Why the change? Serving more families and individuals in the community means that more people have access to:

- Healthy foods – especially fresh produce
- Culturally appropriate foods
- Increase accessibility for food insecure individuals in the community

Questions? Contact your local Hopelink center.

A two-person household with a monthly gross income of up to \$4,310 now qualifies to shop at a Hopelink food bank.

Hopelink Mobile Market continues to grow



The Mobile Market currently makes regular stops at 10 locations in Bothell, Duvall, Fall City, Kenmore, Skykomish and Woodinville. Recently added stops:

- UW Bothell
- Cascadia Community College
- Kenmore Senior Center
- Woodinville downtown

The Mobile Market now offers frozen foods, as well as dairy and other refrigerated items! For more information and the schedule of stops, visit: hopelink.org/mobile-market and facebook.com/hopelinkmobilemarket

"Thank you so much for helping out. Three of us are now carpooling to get here. You have all the vegetables I need for Christmas dinner." – Kenmore client

"I didn't think you'd be open because of all the rain tonight. It's awesome." – Bothell client

"I work as a caregiver and one of my clients told me about you guys. The food selection is great; my family is going to think I robbed a store when I come home with all this food!" – Duvall Client

"It's always been important to me to introduce my children to lots of different foods and how to cook them. The variety of produce I can get here means I can keep eating healthy now that they are grown up. The only thing I won't eat is liver." – Duvall Client

"Property taxes and living costs keep going up, but my retirement benefits stay the same. I was in the Army and worked for 40-years to support my family, and now I need a little help." – Woodinville Client



*\$450 saving estimate based on a four-person household under 185% Federal Poverty Level

Financial Corner

Making Your Money Matter
Donna O'Connor, Financial Coach

Managing federal student loan debt

Two-out-of-five student loan borrowers are delinquent on their loans during the first five years of repayment, which leaves many students asking if it's a good idea to borrow money to go to school.

The reality is, federal student loans can provide educational opportunities that otherwise might not be affordable. That's a good thing. The problem is that student loan debt is often beyond the borrower's income potential and ability to repay the loans in the future, as many people borrow too much with the hope that once they graduate and get a job, they'll be able to easily pay the loans back.

Before taking on student loan debt, talk with your school's financial aid office about scholarships, grants and work-study opportunities. If you need to borrow for school, start with federal student loans.

If you already have federal student loan debt, be aware: Federal student loans DO NOT disappear. They are one of the few debts that don't have a statute of limitations – meaning they never become too old to collect. They are nearly impossible to discharge during bankruptcy, and they can follow you throughout life.

Here's how student loan debt can become a serious issue for borrowers:

- A late payment on a federal student loan could add a 6 percent fee.
- Late or missed payments will appear on a credit report for up to seven years.
- If no payment is made for 90 days, the loan is considered delinquent and the options for managing what you owe become limited.
- If no payment is made in 270 days (nine months) the loan is in default and the consequences can be severe – including having some of your wages or Social Security benefits diverted to loan repayment and collection fees. In some cases the IRS will send any income tax refund to the U.S. Treasury Department to offset the debt.
- Notices about loans are typically sent by mail, so if contact information is outdated, the borrower may be missing important, time-sensitive communications. It is the borrower's responsibility to notify the loan servicer if contact information changes.

If you find yourself unable to make the monthly payments on your student loan, contact your loan provider right away and review your options instead of simply not paying. By getting help as soon as possible, you can create a plan that works for you and your budget and keep the loans in good standing.

If your student loans are currently in default, there are income-based options to bring them back to good standing.

More help is available at:
www.studentaid.gov/h/manage-loans.

Contact Hopelink's Financial Capabilities Program at 425.250.3003 or visit hopelink.org to meet with a financial coach.

Other Resources

Legal Help

Eastside Legal Assistance Program (ELAP) is a non-profit civil legal aid organization that helps people in East and SE King County with family law, immigration, bankruptcy and general law issues. We also provide legal help for domestic violence survivors throughout all of King County. ELAP Volunteer Attorneys provide consultations in 30 legal clinics each month. Hopelink hosts three of these clinics on immigration, general and family law in our Bellevue, Kirkland and Redmond sites. Additional clinics meet at other locations throughout east and southeast King County. ELAP also holds free public presentations on various legal issues in public libraries, community centers, places of worship and schools.

To make an appointment for a free consultation with an attorney, call 425.747.7274 Monday - Friday from 10 a.m. to 4 p.m. This line is available in both English and Spanish, and through the use of telephonic interpreter services, ELAP is able to accommodate other languages as well. Visit www.elap.org for more information.

Eastside Baby Corner

Eastside Baby Corner (EBC) is a helpful resource that can help provide needed items for your children, so that you will be able to save money to pay other expenses. EBC serves more than 800 children each week; providing baby food, formula, diapers, clothing, cribs and car seats.

To place an order with Hopelink, you must be enrolled in one of our programs and have a child aged 12 or younger, and you must not be currently receiving EBC services through another organization.

Please contact your nearest Hopelink center for more information.

Express Credit Union Connection

Express Credit Union (ECU) has partnered with Hopelink to help you achieve your financial goals by offering flexible service at our centers and events. ECU is a safe and affordable way to open a bank account with an insured financial institution that offers banking options geared toward the needs of low- and moderate-income families. Accounts may be opened with a social security number or ITIN.

Ask at any of our centers about how to connect with ECU or contact them directly at www.expresscu.org or call **206.622.1850** to make an appointment to open an account or apply for membership and/or loans.

Express Credit Union is federally insured by NCUA for deposits up to \$250,000.

Community Health Services

International Community Health Services (ICHS) staff and clinics can connect Hopelink clients with affordable medical, dental, vision and behavioral health care; including check-ups, prenatal care, immunizations, teeth cleanings and restoration, medication-assisted treatment for opioid addiction and specialty care referrals. Those without health insurance can receive help applying for a free or low-cost plan, as well as guidance on other assistance programs that may be available. ICHS offers a sliding-fee discount, and no one is denied care because of an inability to pay. **Call 206.788.3700 to make an appointment at an ICHS clinic.** Translation services provided in more than 50 languages.



Hopelink Transportation

North Eastside Mobility

King County Metro will change bus routes in Bothell, Redmond, Kirkland, Kenmore and Woodinville in March 2020. Routes 234, 235, 236, 238, 243, 244, 248, 277, 540 and 541 will be removed and replaced with new, more efficient routes 225, 230, 231, 239, 250 and 544. Instead of going directly to downtown Seattle, route 255 will run to the UW light rail station where riders can take the light rail through downtown. To replace some of this lost service, new route 544 will run from South Kirkland to South Lake Union. Route 930 will run all day and in the evening. All other service will remain the same. Finally, Metro will create new Community Ride and Community Van services to fill in service gaps. To learn more, contact Shelby Cramer at: scramer@kingcounty.gov or **206.263.1109**.

Trailhead Direct

Trailhead Direct helps King County residents take buses to trails in the Snoqualmie Valley region, including the Cougar Mountain Trails network, Mount Si and Little Si, Mount Teneriffe, Mailbox Peak and the Issaquah Alps Trails network. It's very popular and is also one of the best ways to travel between cities like Seattle, Bellevue, Renton and Tukwila and smaller communities like North Bend, Issaquah and Tiger Mountain on the weekends and holidays! The service runs from April to October each year. Riders pay standard Metro fares with cash, ORCA card or mobile ticket. Learn more at: trailheaddirect.org

Medicaid Transportation

Do you receive Medicaid assistance? Do you have an Apple health card and Provider One number? If so, Hopelink may be able to help you get rides to and from your medical appointments. MyRideOnline lets you cancel a trip, check on the status of a trip, and offer feedback about a past trip!

To schedule an appointment, please call:
In King County: 1.800.923.7433
In Snohomish County: 1.855.766.7433
Online: MyRideOnline.org

DART (Demand Area Response Transit)

King County Metro has hired Hopelink to operate DART (Demand Area Response Transit). DART buses have a set schedule like regular Metro Transit buses. In some areas of King County, the routes are flexible. This means they can pick up people who might not live near a regular Metro stop.

To make an appointment for a Metro DART ride, please call 1.866.261.3278.

For more information on Hopelink's transportation services, please call **425.943.6789**. TDD/TTY line: **1.800.246.1646** or go to hopelink.org/need-help/transportation/dart-ride-request to book a DART reservation online.

Community Van

Hopelink receives funds from King County Metro to run the Shoreline-Lake Forest Park and Duvall Community Vans. Riders can share long and short trips with each other during days, evenings and weekends - depending on volunteer driver availability. All trips require 2 riders minimum, and must start or end in the home city. We have 6- and 12-passenger vans that can travel anywhere, as long as the trip takes fewer than 2 hours, one way. Accessible Community Vans available on request. Riders pay a standard Metro fare for a roundtrip using either Transit GO mobile tickets, any ORCA card with a monthly pass or human services bus tickets. Schedule your ride as early as possible by contacting your local Community Transportation Coordinator:

Duvall or Shoreline-Lake Forest Park: 425.943.6721 or communityvan@hopelink.org

Bothell-Woodinville: Kristi Dreessen at 425.352.5129 or krisdree@uw.edu

Kenmore-North Kirkland: Armaghan Baghoori at 425.587.3924 or Abaghoori@kirklandwa.gov

Transportation Options Line

Every trip is important, from a doctor's appointment to a ride to the grocery store. But, the perfect service can be difficult to find. We are here to talk you through all your transportation options. We can help you Call to learn about trip planning technology, the right ORCA cards for your needs or to locate different types of transportation—such as taxis, volunteer driver programs, ride sharing and community transportation—and choose the best option for you. For help in other languages, ask by stating your language ("Spanish, please!").

This is a free service. Contact Hopelink Mobility, Monday through Friday, 9 a.m. to 4 p.m., at **425.943.6760 ext. 2** or mobility@hopelink.org.

Community Transportation

Contact the following providers for more information.

Sound Generations Hyde Shuttle:
206.727.6262 or 1.877.415.3632 (toll-free)

Northshore Senior Center Transportation:
425.286.1026

Sound Generations Volunteer Transportation:
206.448.5740 or 800.282.5815 (toll-free)

Snoqualmie Valley Transportation
425.888.7001 or go online to svtbus.org

Sound Transit:
Call 888.889.6368 / TTY 711 or go online to soundtransit.org

Catholic Community Services of Western Washington:
Volunteer Chore Services: 206.328.5787
or 1.888.649.6850 (toll-free)

Metro Transit
metro.kingcounty.gov

Access Transportation: 206.263.3113 / TTY 711
accessibleservices@kingcounty.gov

Rideshare Operations: 888.814.1300 / TTY 800.833.6388
rideshare@rideshareonline.com

Half Price Taxi Fare Program (Taxi Scrip): 206.553.3000 / TTY 206.684.2029

Regional Reduced Fare Permit for seniors and people with disabilities: 206.553.3000 customer.comments@kingcounty.gov

HOPELINK FOOD BANKS

FOOD BANK DIRECTORY

Bellevue Center
425-943-7555
14812 Main Street
Bellevue, WA 98007
Metro Route 245

Kirkland/Northshore Center
425-889-7880
11011 120th Ave NE
Kirkland, WA 98033
Metro Route 236

Redmond Center
425-869-6000
8990 154th Ave NE
Redmond, WA 98052
Metro Routes 930, 243, B-Line
5-min walk: Metro: 232
Sound Transit: 542, 545

Shoreline Center
206-440-7300
17837 Aurora Avenue N
Shoreline, WA 98133
Metro Routes 358, 330 & E-Line

Sno-Valley Center
425-333-4163
31957 E Commercial Street
Carnation, WA 98014
Use Snoqualmie Valley Shuttle
or request a ride at: svtbus.org
425.888.7001.

FOOD BANK HOURS

Call your local center to register

■ **Bellevue Center** *NEW HOURS**
Mondays* 10 a.m. to 1 p.m.
and 4:30 - 7 p.m.
Tuesdays* 1 - 7 p.m.
Wednesdays and Thursdays 9:30 a.m. to 3 p.m.

■ **Kirkland/Northshore Center** *NEW HOURS**
Mondays and Wednesdays 10 a.m. to 4 p.m.
Tuesdays and Thursdays 12 - 6:30 p.m.
Fridays* 1 - 4 p.m.

■ **Redmond Center**
Mondays and Tuesdays 12:30 - 4:30 p.m.
Wednesdays 3:30 - 7:30 p.m.
Thursdays 10:30 a.m. to 2:30 p.m.

■ **Shoreline Center**
Mondays 1 - 4 p.m.
Tuesdays and Thursdays 10 a.m. to 2 p.m.
Wednesdays 1 - 7:30 p.m.

■ **Sno-Valley Center**
2nd and 4th Wednesdays 3 - 7 p.m.
Thursdays 10 a.m. to 2 p.m.

Note: The above schedules are based on the center's usual business days. If a holiday falls during the week, it may affect the food bank schedule. Please check hopelink.org for the most up-to-date hours.

NEW CENTER HOURS: 9 a.m. to 5 p.m.

NEED HELP?



FOOD ASSISTANCE

Contact your nearest center



ENERGY ASSISTANCE

Call 425.658.2592



FAMILY DEVELOPMENT

Call 425.883.4755



FINANCIAL CAPABILITIES

Call 425.250.3003



FINANCIAL ASSISTANCE

Contact your nearest center



EMPLOYMENT SERVICES

Call 425.250.3030



TRANSPORTATION SERVICES

Metro DART: 866.261.3278
Medicaid: 800.923.7433
Mobility Line: 425.943.6760



ADULT EDUCATION

English for Work:
425.250.3007

GED Classes:
425.457.9685



HOUSING SERVICES

Eastside:
206.328.5900
North King County:
206.934.6160